



Foley catheter' s daily care 留置導尿管的生活照顧(英文)

Why are patients in need of foley catheter insertion?

1. To help patients with urination.
2. To collect samples for urine test.

After inserting catheters, what should be noticed?

1. All patients should drink plenty of water to urinate more than 2000c.c. of urine to prevent urinary tract infection; yet patients being refrained from water drinking are not included in this category.
2. Do not compress and fold the catheter or pull it because it could result bleeding.
3. Urine bag should be emptied every 8 hours or emptied when urine amount reaches half of the bag.
4. The connection of the urine bag should be tightened and sealed to prevent contamination.
5. The urine bag should be placed lower than patients' bladder to avoid urine reflux; also do not have it touch the ground.
6. Plastic-made foley should be changed in 7 days and silicon-made foley should be changed in one month; if there are signs of infection or obstruction, patients' foley must be changed immediately.
7. When there is too much secretion or when patients finish defecation, clean and rinse the foley.
8. Inform our medical staff immediately if any of the following conditions occurs:
 - Fever, chills
 - Urethra pain
 - Turbid urine
 - Increased urethral discharge

9. How to take care the catheter

- Male patients:
 - Moisten towels with soap or rub the soap to create foam, rub patients' penis and genitals, and then flush with water.
 - Push the wrapper gently to the body, expose urethral meatus, clean corrugation place, and wipe with towels from inside out.
 - Place the wrapper at its original place
- Female patients:
 - Moisten towels with soap or rub the soap to create foam, rub patients' genitals, then flush it with water and dry their skin with towels.
 - Push aside the lips of vulva; clean from urethra to anus.
 - Clean foley catheter from inside out.

10. Replaces fixed spot catheter everyday:

- The foley catheter of male patients must be fixed on the lower belly.
- The foley catheter of female patients must be fixed in the inside of leg up to the 1/3 region.

11. Our medical staff will be more than happy to answer your questions regarding the foley catheter.